

Embedded in the work of Scottish Dance Theatre is a commitment to increasing access to and understanding of dance, both locally and nationally, at participant and audience level. SDT Education provides a diverse, year-round program of fun, creative and challenging dance activities, which are tailored to suit the age and ability ranges of every group.

Who is it for?

We work with people of any age, experience or mental or physical ability, from absolute beginners to professional dancers, young or old.

“The great triumph of the day was that you came in with your years of training, your expertise, your extraordinariness and, through your inclusiveness, you managed to skillfully entertain, move and enlighten us but also to empower each one of us.” Maria MacDonell, Angus Arts

Who delivers it?

SDT's Artistic Director, Assistant Director, Dance Education Officer, Rehearsal Director/ Dancer and nine Dancers are all trained and experienced professional dance artists who deliver education work. Our skill pool is regularly stocked with experiences we learn from in the work that we do and in specific education training.

“Very clear instructions, very supportive of the students.” Sarah Young, schoolteacher

What education work does SDT do?

Projects

SDT Education projects can take on a variety of forms, from professional development to workshops aimed at encouraging first-timers. We always aim to create strong partnership projects, which suit the specific needs of the participants and partners involved. We can give you a description of some of our recent projects or, if you have something in mind, talk to us.

“The project with SDT has been hugely inspiring for me on all levels. I felt that the structure and content was well balanced and organised. The variety was great. I have learned as much by observing as by doing and I am walking away from a rich and fulfilling experience that has been life-changing.” Eleesha, residency project participant

Dundee

SDT Education gives FREE weekly classes in contemporary dance technique in our fantastic new studio at Dundee Rep Theatre and our performance groups for young people, adults and over 50's meet weekly to create and perform new dance. We regularly welcome new members to our groups and classes. SDT is part of Dundee Rep and as such, our work integrates with the range of professional, educational and community work in the theatre, resulting in exciting collaborative projects.

Scottish Dance Theatre works in partnership with Dundee College and Dundee City Council Leisure and Arts as Dundee Dance Partnership, an initiative for the development of dance in the city. Our year-round programme of events includes platform performances of work created locally, workshops and collaborative projects.

“I hadn't danced for a long, long time and wondered if I still could. This group has made it so I can. It's fun and it's challenging” Alison Bavidge, adult group participant

Touring

SDT tours the UK from February to May and from September to November. Call us to find out if we're touring near you or to talk about booking us for a residency and performance.

Our **workshops** on tour draw inspiration from the current repertoire and inform viewing of the company's performance work, giving generously to the nurturing of participants' creativity. Teachers and group leaders are invited to be active and share in a communal learning experience.

"I found the dance very fun and inspirational and I enjoyed it so much me and some friends want to see one of your shows." Simon, 13 year old participant

An interactive **lecture demonstration** can accompany up to four workshops, giving insights into the repertoire and working methods of SDT as well as a chance to meet the whole company, watch as they demonstrate sections of the performance work and ask questions.

"You could really feel the emotion that was coming through in what they showed us, moving effortlessly through space. What was so interesting was the director telling us the background to the pieces. That really made a difference when watching people dance - to know how the movement came about being created." lecture dem participant

SDT runs school and community based **teacher training** days specific to the needs of the group, which develop leadership in dance through skill-based learning, creative processes, discussion and sharing.

"I left the Scottish Dance Theatre training day with new ideas, feeling empowered, lucky, energised, sweaty, heartened, alive, joyful and open to possibility. Shouldn't we create the opportunity for people to feel like this every day?" Judith Williams, Movement and Drama Worker

We can also create a 3-5 day **residency** to accompany a performance on tour, allowing the company to work intensively with up to four groups throughout and resulting in a performance of the work created. In addition, the residency can include taster workshops to introduce other groups, teacher training, lecture demonstration and open professional class.

"It was very worthwhile - I had no real experience of contemporary dance and I have now gained this knowledge in an interesting way" Robyn, 14 year old participant

Why dance?

Dancing is an expressive art form and a communal participatory act. SDT Education provides access to a physically and creatively stimulating experience, which allows participants to express ideas, feelings and aspirations in a democratic and supportive environment. Dancing is good for you!

"Dancing brings out the best in me." Daniel, 11 year old participant

How do I find out more?

Call Rachel, Dance Education Officer on 01382 324600, or email

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